



Often the aftermath can be worse than the storm.

Once your basic needs are met, the changes you face can be disheartening or overwhelming. If you have trouble coping with the aftermath of Katrina, APS Healthcare can help. We provide professional, confidential counseling and referral assistance for many issues and concerns. This help is available to you and your dependents at no out-of-pocket cost.

To speak with an EAP Professional, please call: **1.800.7DowDow**



**Employee
Assistance
Program**

